

## Teen Talk Meets the California Health Education Content Standards

### High School Growth, Development, and Sexual Health

#### *Standard 1:*

#### *Essential Concepts*

- HS.1.G.1** Describe physical, social, and emotional changes associated with being a young adult.  
Teen Talk Activities: Lecture: Reproductive Anatomy and Physiology; Anatomy Coloring Homework; Discussion: Conception and Fetal Development; Reproductive System: What's the Story? Homework; Straightlaced: Film Guide; Sex, Gender and Orientation PowerPoint; What I Know About Sexual Identity; Players and Prudes; Dear Dr. Lupe; A Real Man/ A Real Woman...; Pin the Part on the Pelvis
- HS.1.G.2** Explain how conception occurs, the stages of pregnancy and responsibilities of parenting.  
Teen Talk Activities: Lecture: Reproductive Anatomy and Physiology; Anatomy Coloring Homework; Discussion: Conception and Fetal Development; Reproductive System: What's the Story? Homework; Pregnancy Options Discussion; Teen Parent Panel; What Would I Do?
- HS.1.G.3** Discuss the characteristics of healthy relationships, dating, committed relationships and marriage.<sup>1</sup>  
Teen Talk Activities: What are My Values?; What is Relationship Abuse?; We Interrupt This Relationship; Relationship Realities; What Would You Say?; Players and Prudes; Dear Dr. Lupe; Let's Talk About It; David and Michelle's Story; A Real Man/ A Real Woman...; Teen Parent Panel; Herpes Role-Play; Reflections: Film Guide; Taken Care Of: Film Guide
- HS.1.G.4** Identify why abstinence is the most effective method for the prevention of HIV/STDs and pregnancy.<sup>2</sup>  
Teen Talk Activities: Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Birth Control Review; What's My Method?; STD Brainstorm; STD Jeopardy; What Would You Say? Players and Prudes; Understanding Birth Control Homework; It Depends on the Situation; STD Realities; Herpes Role-Play
- HS.1.G.5** Summarize fertilization, fetal development and childbirth.

<sup>1</sup> EC sections 51933(b)(7), (b)(11), 51934(b)(6)

<sup>2</sup> EC sections 51933(b)(8), 51934(b)(3)

	<p><u>Teen Talk Activities:</u> Lecture: Reproductive Anatomy and Physiology; Anatomy Coloring Homework; Reproductive System: What's the Story? Homework; Teen Parent Panel; Pin the Part on the Pelvis</p>
HS.1.G.6	<p>Examine responsible prenatal/perinatal care and parenting, including California's Safe Haven law.<sup>3</sup></p> <p><u>Teen Talk Activities:</u> Youth Reproductive Health Services; Pregnancy Options Discussion; A Real Man/ A Real Woman...; Teen Parent Panel</p>
HS.1.G.7	<p>Describe the short- and long-term effects of HIV/AIDS/STDs.<sup>4</sup></p> <p><u>Teen Talk Activities:</u> STD Brainstorm; STD Jeopardy; STD Realities; Clinic Adventure Homework; Herpes Role-Play; Reflections: Film Guide; STD Homework</p>
HS.1.G.8	<p>Analyze the rates of sexually transmitted diseases (STDs) among teens.</p> <p><u>Teen Talk Activities:</u> STD Brainstorm; STD Jeopardy</p>
HS.1.G.9	<p>Explain laws related to sexual behavior and involvement of minors.</p> <p><u>Teen Talk Activity:</u> Agreements; Sexual Bill of Rights</p>
HS.1.G.10	<p>Recognize that there are individual differences in growth and development, body image, gender roles and sexual orientation.<sup>5</sup></p> <p><u>Teen Talk Activities:</u> What Are My Values?; Lecture: Reproductive Anatomy and Physiology; Discussion: Conception and Fetal Development; Reproductive System: What's the Story? Homework; Straightlaced: Film Guide; Sex, Gender and Orientation PowerPoint; What I Know About Sexual Identity; Values: Sexual Orientation and Gender; Homophobia Small Group Discussion; Players and Prudes; A Real Man/ A Real Woman...; Sex, Love, and Rock &amp; Roll; Pin the Part on the Pelvis</p>
HS.1.G.11	<p>Evaluate the benefits to mother, father and child of teenagers waiting until adulthood to become parents.</p> <p><u>Teen Talk Activities:</u> What Are My Values?; My Communication Diary; Pregnancy Options Discussion; How Do I Feel About Abortion?; What Would You Say?; Players and Prudes; Dear Dr. Lupe; Let's Talk About It; A Real Man/A Real Woman; I Want To Be...; Teen Parent Panel; What Would I Do?</p>
HS.1.G.12	<p>Evaluate and compare the effectiveness, safety, success, and failure rates of condoms and all FDA-approved contraceptives for preventing pregnancy and HIV/STDs.<sup>6</sup></p> <p><u>Teen Talk Activities:</u> Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Birth Control Review; What's My Method?; STD</p>

<sup>3</sup> EC Section 51933(b)(12)

<sup>4</sup> EC Section 51934(b)(1), (b)(4)

<sup>5</sup> EC Section 51930(b)(2)

<sup>6</sup> EC sections 51933(b)(10), 51934(b)(3)

Brainstorm; STD Jeopardy; Five Steps To Save Your Life; Condom Demonstration; What Would I Do?; Understanding Birth Control Homework; It Depends on the Situation; STD Homework

*Analyzing Influences*

*Standard 2:*

HS.2.G.13

Determine personal, family, school and community factors that can help reduce the risk of engaging in sexual activity.

Teen Talk Activities: Youth Reproductive Health Services; What Are My Values?; Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Giving Your Parents “The Talk”; My Communication Diary; How STD Brainstorm; STD Jeopardy; Players and Prudes; Dear Dr. Lupe; Let’s Talk About It; A Real Man/A Real Woman...; Sex, Love and Rock and Roll; Teen Parent Panel; Understanding Birth Control Homework; Reflections: Film Guide

HS.2.G.14

Evaluate how growth and development, relationships and sexual behaviors are affected by internal and external influences.

Teen Talk Activities: What Are My Values?; Straightlaced: Film Guide; Sex, Gender and Orientation PowerPoint; What I Know About Sexual Identity; Values: Sexual Orientation and Gender; Homophobia Small Group Discussion; My Communication Diary; What is Relationship Abuse?; We Interrupt This Relationship; Relationship Realities; Players and Prudes; David and Michelle’s Story; A Real Man/A Real Woman; Sex, Love and Rock and Roll; Teen Parent Panel

HS.2.G.15

Examine the discrepancy between actual and perceived social norms related to teen sexual involvement.

Teen Talk Activities: What Are My Values?; Straightlaced: Film Guide; Birth Control Stations; My Communication Diary; Players and Prudes; A Real Man/A Real Woman...; Sex, Love and Rock & Roll, Teen Parent Panel; Taken Care of: Film Guide

HS.2.G.16

Assess situations that could lead to pressure for sexual activity and the risk of HIV/STDs and pregnancy.<sup>7</sup>

Teen Talk Activities: Straightlaced: Film Guide; My Communication Diary; What is Relationship Abuse?; We Interrupt this Relationship; What Would You Say?; Players and Prudes; Sexual Bill of Rights; David and Michelle’s Story; Reflections: Film Guide; Taken Care Of: Film Guide;

HS.2.G.17

Evaluate how culture, media, and other people influence our perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.<sup>8</sup>

Teen Talk Activities: What Are My Values?; Straightlaced: Film Guide; Sex, Gender and Orientation PowerPoint; What I Know About Sexual Orientation;

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<sup>7</sup> EC sections 51933(b)(11), 51934(b)(6)

Homophobia Small Group Discussion; Values: Sexual Orientation and Gender; Sex, Love and Rock and Roll; A Real Man/A Real Woman

*Standard 3: Accessing Valid Information*

HS.3.G.18 Analyze the validity of health information, products and services for reproductive and sexual health.<sup>9</sup>

Teen Talk Activities: Youth Reproductive Health Services; Pregnancy Options Discussion; STD Jeopardy; Time to Get Checked: Clinic Quiz; Clinic Adventure Homework

HS.3.G.19 Identify local resources for reproductive and sexual health, including all FDA-approved contraceptives, HIV/STD testing, and medical care.<sup>10</sup>

Teen Talk Activities: Youth Reproductive Health Services; Pregnancy Options Discussion; STD Jeopardy; Time to Get Checked: Clinic Quiz; Understanding Birth Control Homework

HS.3.G.20 Compare the success and failure rates of condoms and all FDA-approved contraceptives in preventing pregnancy and HIV/STDs.<sup>11</sup>

Teen Talk Activities: Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Birth Control Review; 5 Steps That Can Save Your Life; Condom Demonstration; STD Jeopardy; Understanding Birth Control Homework

HS.3.G.21 Evaluate laws related to sexual involvement with minors.

Teen Talk Activities: Agreements

*Standard 4: Interpersonal Communication*

HS.4.G.22 Analyze how interpersonal communication affects relationships.

Teen Talk Activities: Giving Your Parents “The Talk”; What is Relationship Abuse?; We Interrupt This Relationship; What Would You Say?; Let’s Talk About Sex; Sexual Bill of Rights; Reflections: Film Guide; Taken Care Of: Film Guide

HS.4.G.23 Use effective verbal and nonverbal communication skills to prevent sexual involvement, pregnancy and HIV/STDs.

Teen Talk Activities: My Communication Diary; We Interrupt This Relationship; What Would You Say?; Let’s Talk About It; Dear Dr. Lupe

HS.4.G.24 Demonstrate effective communication skills within healthy dating relationships.

Teen Talk Activities: We Interrupt This Relationship; What Would You Say?;

<sup>8</sup> EC Section 51930(b)(2)

<sup>9</sup> EC sections 51931(f), 51933(b)(11), 51934(b)

<sup>10</sup> EC sections 51933(b)(10), 51934(b)(3), (b)(5)

<sup>11</sup> EC sections 51933(b)(10), 51934(b)(3)

Dear Dr. Lupe; Let's Talk About It; Herpes Role-Play; Taken Care Of: Film Guide

*Standard 5:*

*Decision Making*

- HS.5.G.25 Use a decision-making process to evaluate the physical, emotional, and social benefits of abstinence, monogamy, and the avoidance of multiple sexual partners.<sup>12</sup>  
Teen Talk Activities: What Are My Values?; Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Birth Control Review; My Communication Diary; STD Brainstorm; What Would You Say?; Players and Prudes; It Depends on the Situation
- HS.5.G.26 Use a decision-making process to examine barriers to making healthy decisions about relationships and sexual health.<sup>13</sup>  
Teen Talk Activities: Youth Reproductive Health Services; Giving Your Parents "The Talk"; Time to Get Checked: Clinic Quiz; What is Relationship Abuse?; We Interrupt This Relationship; What Would You Say?; Players and Prudes; Clinic Adventure Homework
- HS.5.G.27 Use a decision-making process to analyze when it is necessary to seek help and/or leave an unhealthy situation.<sup>14</sup>  
Teen Talk Activities: Youth Reproductive Health Services; Giving Your Parents "The Talk"; Pregnancy Options Discussion; Time to Get Checked! Clinic Quiz; What is Relationship Abuse?; Sexual Bill of Rights; David and Michelle's Story; Dear Dr. Lupe
- HS.5.G.28 Evaluate the risks and consequences associated with sexual activities, including HIV/STDs and pregnancy.<sup>15</sup>  
Teen Talk Activities: Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Birth Control Review; Pregnancy Options Discussion; STD Brainstorm; STD Jeopardy; Players and Prudes; Teen Parent Panel; What Would I Do?; STD Realities; Herpes Role-Play
- HS.5.G.29 Use a decision-making process to analyze the benefits of respecting individual differences in growth and development, body image, gender roles, and sexual orientation.<sup>16</sup>  
Teen Talk Activities: Straightlaced: Film Guide; Sex, Gender and Orientation PowerPoint; What I Know About Sexual Orientation; Values: Sexual Orientation and Gender; Homophobia Small Group Discussion; Players and Prudes; A Real Man/ A Real Woman...

<sup>12</sup> EC Section 51934(b)(3), (b)(6)

<sup>13</sup> EC Section 51933(b)(11)

<sup>14</sup> EC sections 51933(b)(11), 51934(b)(6)

<sup>15</sup> EC sections 51933(b)(9), (b)(10), 51934(b)(1), (b)(2), (b)(3)

<sup>16</sup> EC Section 51930(b)(2)

HS.5.30 Use a decision-making process to evaluate the social, emotional, physical, and economic impacts of teen pregnancy on the child, the teen parent, the family, and society.<sup>17</sup>

Teen Talk Activities: My Communication Diary; Pregnancy Options Discussion; Teen Parent Panel; What Would I Do?

HS.5.G.31 Use a decision-making process to evaluate using FDA-approved contraception and condoms for pregnancy and STD prevention.

Teen Talk Activities: Youth Reproductive Health Services; Birth Control Stations; Lights! Camera! Action!: Birth Control Presentations; Birth Control Review; STD Brainstorm; STD Jeopardy; Five Steps That Can Save Your Life; Condom Demonstration; What Would You Say?; Dear Dr. Lupe; What Would I Do?

*Standard 6: Goal Setting*

HS.6.G.32 Evaluate how HIV/AIDS/STDs and/or pregnancy could impact life goals.<sup>18</sup>

Teen Talk Activities: My Communication Diary; Pregnancy Options Discussion; How Do I Feel About Abortion?; STD Brainstorm; Dear Dr. Lupe; Teen Parent Panel; What Would I Do?; Reflections: Film Guide

HS.6.G.33 Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including using FDA-approved contraception and condoms for pregnancy and STD prevention.<sup>19</sup>

Teen Talk Activities: What Would You Say?; I Wanna Be...; What Would I Do?; Sentence Stems; STD Realities; Clinic Adventure Homework

*Standard 7: Practicing Health-Enhancing Behaviors*

HS.7.G.34 Examine personal actions that can be taken to protect reproductive and sexual health, including one's ability to deliver a healthy baby in adulthood.

Teen Talk Activities: Youth Reproductive Health Services; Giving Your Parents "The Talk"; My Communication Diary; Pregnancy Options Discussion; STD Brainstorm; Five Steps To Save Your Life; Condom Demonstration; Time to Get Checked! Clinic Quiz; Dear Dr. Lupe; What Would I Do?; Clinic Adventure Homework

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<sup>17</sup> EC sections 51933(b)(11), 51934 (b)(6)

<sup>18</sup> EC Section 51933(b)(11)

<sup>19</sup> EC sections 51933(b)(8), (b)(10), 51934(b)(3)

*Standard 8:*

*Health Promotion*

- HS.8.G.35 Encourage and support safe, respectful and responsible relationships.  
Teen Talk Activities: Agreements; Straightlaced: Film Guide; Giving Your Parents “The Talk”; What Is Relationship Abuse?; We Interrupt This Relationship; What Would You Say?; Players and Prudes; Sexual Bill of Rights; David and Michelle’s Story; A Real Man/A Real Woman...; I Want To Be...; Sex, Love and Rock & Roll
- HS.8.G.36 Advocate for respect and dignity of persons living with HIV/AIDS.<sup>20</sup>  
Teen Talk Activities: STD Brainstorm; Reflections: Film Guide
- HS.8.G.37 Support others in making positive and healthful choices about sexual behavior.<sup>21</sup>  
Teen Talk Activities: Youth Reproductive Health Services; Dr. Lupe; It Depends on the Situation; Sexual Bill of Rights

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<sup>20</sup> EC Section 51934(b)(7)

<sup>21</sup> EC Section 51934(b)(7)